



Psychology Internship Opportunity

Yarrowonga Mulwala Psychology

Yarrowonga Mulwala Psychology (YMP) is a private practice psychology clinic based in Yarrowonga (North East Victoria). Yarrowonga Mulwala Psychology was established to meet the need for client-centred, evidenced-based assessment, treatment and support for local children, adolescents and adults. We believe that rural Australians should have the same access to high quality psychological support as those living in metropolitan areas. We enable this via face-to-face and telehealth (videoconferencing) appointments. Some of our clinicians are based locally and provide a combination of face to face and telehealth services, and others are based elsewhere throughout Victoria and provide telehealth services only.

We are a general psychology clinic, and we provide psychological assessment, treatment and support to children, adolescents and adults. We work with individuals, couples and families. We have strong relationships with local GPs and allied health professionals, and the broader community. We provide services for a variety of presenting problems including mood, anxiety, trauma, and eating disorders, attention-deficit and disruptive behaviours, autism etc. We are respected in our community, and we have varied and consistent referral pathways.

Internship

A Yarrowonga Mulwala Psychology internship would suit a provisional psychologist with a genuine interest in working in our rural private practice, and a genuine commitment to implementing empirically supported treatments in real-world settings.

Essential Selection Criteria (at a level expected for a provisional psychologist working under the supervision of a board approved supervisor)

- Registration as a provisional psychologist
- Successfully completed a Master of Professional Psychology program including evidence of strong performance on placement
- Ability to provide psychological services and reports in a manner that at all times is consistent with legal, ethical and professional requirements
- Ability to maintain record keeping that is at all times up-to-date and consistent with legal, ethical and professional requirements
- Training in psychological diagnosis, assessment, counselling and cognitive behaviour therapy
- Ability to develop therapeutic rapport with clients and implement empirically supported treatments
- Experience in face to face and telehealth delivered psychological services
- Strong interpersonal and communication skills
- Ability to work independently, and to be a cooperative and supportive team member
- Ability to use supervision appropriately
- Ability to develop relationships with referrers and other members of the treating team

- Current Working with Children Check and Police Check
- Fully vaccinated
- Continued access to your own secure laptop and access to an appropriate confidential space for the provision telehealth psychology

Expectations of Provisional Psychology Interns

We are committed to providing interns with a positive experience working in a rural private practice with the hope that they will love it so much they will go on to provide psychological assessment, treatment and support to rural Australians.

Interns will have the opportunity to work with our team to experience a range of tasks which could include observation of psychological sessions, conducting cognitive assessments, and providing assessment and treatment for individuals with a range of presentations of mild-moderate severity (face to face and telehealth). Interns will be expected to build up to carrying a small caseload from the outset (so some degree of skill in working autonomously is required) building to a full case load by the end of the internship.

The internship is offered full time (or part-time for those with study and/or carer responsibilities). The intern will be expected to be available for face to face sessions in Yarrawonga. Some services may be able to be delivered via telehealth from other locations. Yarrawonga Mulwala Psychology is affiliated with the Centre for Eating, Weight and Body Image (Melbourne) and it may be possible to complete the internship across both centres if this is of interest to the intern.

Supervision, Training and Support Arrangements

In addition to paid employment consistent with the appropriate award, interns will be provided with

- Individual supervision and group supervision by approved supervising psychologists to meet the requirements for the internship year
- Regular group supervision facilitated by psychologists with recognised expertise in their field (e.g., complex adult presentations, eating disorder, trauma, neurodiversity etc)
- Access to skills workshops facilitated by experienced psychologists covering a range of topics important for clinical practice (e.g., managing admin tasks, setting and reviewing homework tasks, liaising with referrers, Medicare etc)
- Opportunity for training in a range of empirically supported psychological assessment and treatment approaches

Interns will be expected to commit to staying on with Yarrawonga Mulwala Psychology as a contracted registered psychologist for a mutually agreed period after completion of their internship. If they do, the supervision and training outlined above is offered at no cost as part of their internship.

Application Requirements

Applications should be directed to the Director of Yarrawonga Mulwala Psychology and forwarded to leah.brennan@yarramulpsychology.com.au. The application should include (1) a cover letter which outlines your response to the essential selection criteria, (2) a CV summarising your training, qualifications, experience, and skills, (3) copies of placement review reports, and (4) details of at least 2 referees who can speak to your psychological training, skills and experience.