

# Mental Health Clinician Position Description (Psychologist, Social Worker, Occupational Therapist, Mental Health Nurse, Counsellor)

# Yarrawonga Mulwala Psychology (YMP)

Yarrawonga Mulwala Psychology (YMP) is a private practice psychology clinic based in Yarrawonga (North East Victoria). Yarrawonga Mulwala Psychology was established to meet the need for client-centred, evidenced-based assessment, treatment and support for local children, adolescents, and adults. Our goal is to make empirically-supported treatment available in the community, and we have a reputation as a leading treatment provider in this area. We believe that rural Australians should have the same access to high quality psychological support as those living in metropolitan areas.

We have opportunities available for mental health practitioners (Psychologist, Social Worker, Occupational Therapist, Mental Health Nurse, Counsellor) who are passionate about providing client-centred, empirically-supported psychological assessment, treatment, and support to our local community. Our services are in high demand, and we look forward to welcoming more mental health practitioners to our committed and supportive team. We provide face-to-face (depending on COVID19 restrictions) and telehealth (videoconferencing) appointments. We appreciate the diverse skills a range of mental health practitioners bring to our team.

We have strong relationships with local GPs and allied health professionals, and the broader community. We provide services for a variety of presenting problems including mood, anxiety, trauma, and eating disorders, attention-deficit and disruptive behaviour disorders, autism spectrum etc. We are respected in our community, and we have varied and consistent referral pathways.

### The team

YMP clincians are experienced, passionate, and committed to providing best-practice, evidence-based care to our local community. Some of our clinicians are based locally and provide a combination of face to face and telehealth services, and others are based elsewhere throughout Victoria and provide telehealth services only (from home). We are a cohesive and engaged team, we value to the connection and support provided withing the team (something that is often missed in private practice).

Our practice Director, Dr Leah Brennan, is a Clinical, Health, Educational and Developmental Psychologist. Leah is passionate about maintaining a supportive and evolving practice where mental health clinicians feel valued, are supported to deliver empirically-supported treatment, and have opportunities to develop their clinical skills and interests.

Our Client Support Team looks after both our clients and clinicians. They take care of most reception and

administration duties, leaving our clinicians to focus their time and energy on their clients. Our Client Support Team anticipates our needs and provides seamless systems that reduce admin demands on clinicians.

## Our training, supervision and support program

We are passionate about providing an engaging, motivating and supportive workplace for our team. We know that our clients will receive high-quality care if our clinicians are well supported.

We provide a comprehensive training and support program tailored to the needs of the individual clinicians. This includes:

- Support to access formal training in a range of empirically-supported psychological treatments
- Regular individual and group supervision provided by experienced, approved supervising mental health clinicians
- Regular specialised supervision focused on specific presentations (e.g., autism, trauma, eating disorders, cognitive and educational assessment etc.)
- Access to skills workshops facilitated by experienced mental health clinicians covering a range of topics important for clinical practice (e.g., managing admin tasks, setting and reviewing homework tasks, liaising with referrers, Medicare etc)
- Support for clinicians wanting to develop specialised mental health skills and qualifications.

#### About the role

We are looking for mental health clinicians with a passion for, and experience in, the provision of evidence-based mental health assessment, treatment, and support for adults, adolescents and/or children with eating, weight and/or body image concerns. This is a part-time (minimum 2 days) or full-time role. Treatment can be provided inclinic (Yarrawonga) or via telehealth (yor

Our clients come from a range of backgrounds and present with a variety of concerns. This enables our clinicians to have varied clinical caseloads. YMP does not accept referrals from third parties (e.g., Workcover, TAC, DVA) and we do not provide court reports or assessments.

#### Essential Criteria

- Unrestricted psychologist registration with AHPRA or your relevant professional body.
- Current public and professional indemnity insurance in line with AHPRA or your relevant professional body requirements.
- Previous training, supervision, and experience in the delivery of empirically supported treatments (e.g., Cognitive Behavioural Therapy)
- Experience in the delivery of face to face and telehealth mental health services
- Experience in the delivery of telehealth mental health services.
- Ability to provide mental health services and reports in a manner that at all times is consistent with legal, ethical and professional requirements
- Ability to maintain record keeping that is at all times up-to-date and consistent with legal, ethical and professional requirements
- Ability to develop therapeutic rapport with clients and implement empirically supported treatments
- Demonstrated commitment to continued supervision and professional development.
- Strong interpersonal and communication skills
- Ability to work independently, and to be a cooperative and supportive team member
- Ability to develop relationships with referrers and other members of the treating team
- The desire to work as an active part of the team and contribute to continued practice growth.
- A current Working with Children Check and Police Check.
- Fully vaccinated
- Continued access to your own laptop/computer and access to an appropriate confidential space for the provision of telehealth mental health services.
- The capacity to see clients at a minimum of two days per week (or equivalent).
- Commitment to be a part of Yarrawonga Mulwala Psychology team for the long term.

## **Benefits**

- A remuneration and contractor agreement that is competitive and transparent, and includes supervision opportunities (as outlined above).
- Regular team meetings and supervision (supervision for endorsement purposes also available).
- Administrative and reception support including the provision of client management and payment software, the intake and allocation of new clients, and support with administrative needs of existing clients.
- Comprehensive marketing to local referrer networks, and support in a building professional profile with new and existing referrers.
- The opportunity to work within a highly regarded, collegial and supportive team environment, that has a passion for providing evidence-based, best-practice assessment and treatment for individuals in our local community.
- Registrar programs are available for Psychologists.

# Application Requirements

Applications should be directed to the Director of Yarrawonga Mulwala Psychology and forwarded to <code>leah.brennan@yarramulpsychology.com.au</code>. The application should include (1) a cover letter which outlines your response to the essential selection criteria, (2) a CV summarising your training, qualifications, experience, and skills, (3) details of at least 2 referees who can speak to your mental health training, skills and experience, and (4) for registrars, copies of mid and end of placement review reports.